

## **Wound Care Exam Outline**

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

## Review:

- Wound documentation by photography requirements
- Pressure ulcer exam, reexam and risks for
- Medicated dressings, indications for:
- Dressing types and uses
- Chronic wound infections
  - Causative agents
  - o Treatment
  - Management
- Stages of pressure wounds
  - Deep tissue damage
  - o Stage 1 or II
  - Shearing or friction
  - o Reportable wounds
- Dermis and epidermis wounds
  - o Full and partial thickness
  - Superficial and undermining
  - o Fistulas/sinus tract
- Healing phases and signs/symptoms
  - o Hemosiderin staining
  - o Fibroblasts role
  - o Cytokines and proteolytic fragments
- Signs and symptoms of wound infections
  - o Wound culture specimen collection
  - o Factors causing wound healing failure
- Negative pressure wound therapy indications, contraindications, management
- Common wound care medications, indications, uses, contraindications, and side effects
- Use of skin substitutes
- Use of antiseptic wound cleansers
- Four key principles of wound bed preparation
- Wound measurement techniques
- Wound classifications
  - Acute/chronic
  - o Surgical/traumatic
- Payne-Martin method