

Postpartum Nursery Exam Outline

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- Antepartum management
 - o Normal
 - o Complications
- Delivery
 - o Vaginal
 - o C-section
 - Planned versus emergency
 - Still born risk factors
 - o Preeclampsia
- · Postpartum maternal exam and management
 - o Fundal
 - Breast
 - o Bladder
 - o Bleeding
 - Uterine atony
 - Trauma- lacerations, hematomas, inversion, rupture
 - Placental tissue retention
 - Coagulopathies
 - o Shock
 - o RhoGAM
 - o Postpartum depression versus postpartum posttraumatic stress syndrome
 - o Types of hypertension
- Newborn Exam and Management
 - o Breast feeding
 - Composition of breast milk
 - Afterpain management
 - Active versus passive immunity
 - Contraindications for breast feeding
 - Bottle and pacifier use when breast feeding
 - Use of contraception during breast feeding
 - Medications
- Medications used for treating drug addiction