

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- General postpartum care
 - Fundus
 - Hemorrhage
 - Bladder distention
 - Lochia
- Common diagnosis recognition, treatment, complications
 - Postpartum blues/depression
 - Jaundice
 - Transient tachypnea of the newborn
 - Lacerations and degree of lacerations
 - Respiratory distress syndrome
 - Afterpains
 - Acrocyanosis
 - High pitched cries
- Risks for:
 - Large, small for gestational age
 - Urinary retention-maternal
- Stages of postpartum and education
- Infection prevention techniques
- Infant care
 - Hypothermia prevention
 - Breath sounds
 - Edema causes
 - Normal vital sign ranges
 - Sense development
- Therapeutic communication
- Breast feeding initiation, complications, education
- Postpartum exam and documentation requisites
- Non-breast-feeding initiation, complications, education
- Apgar scores
- Maternal discharge instructions