



Long-Term Care Exam Outline

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- Back injury prevention, treatment, complications/body mechanics
- Fall prevention, treatment, complications
- Pressure ulcer prevention, recognition, treatment, complications/Braden Scale
- Age appropriate skin care
- Elder abuse recognition, prevention
- Common medications, indications, administration, contraindications, toxicity
- Common nursing diagnoses
- Therapeutic communication techniques
- Developmental stages such as Erickson's
- Common diagnoses recognition, treatment, complications
 - Delirium/dementia
 - Cognitively impaired elderly residents
 - Eating disorders
 - Geriatric syndrome
 - Urinary incontinence
- Positioning and repositioning patients
- Normal vital sign ranges and techniques for accurate data
- Minimum Data set tool
- Nursing Home Reform Act of 1987
- Advanced directives implementation and complications
- Venipuncture techniques to assure accurate results
- End of life care and education
- Electronic medical information sites
- Plan of care initiation and review

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