

Long-Term Acute Care Exam Outline

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- Post-mortem care
- Common diagnoses recognition, treatment, complications
 - o Ineffective airway clearance
 - o Pneumonia
 - Stoke care
 - o Unconsciousness
 - Spinal cord injury, location and outcomes
 - o Traumatic brain injury
 - o Seizures
 - o Clostridium difficile
 - o Stages of congestive heart
 - o Dehydration
 - o Diabetes
 - o Cardiac abnormalities and surgical options
 - o Delirium/dementia
 - Altered sleep cycles
 - o Neurogenic bladder
 - Acute compartment syndrome
- Therapeutic communication
 - o Transgender
- Pressure injury prevention, recognition, treatment, complications
- Common medications, indications, administration, contraindications, toxicity
- Types of pain
- Advanced directives implementation and complications
- Reflex documentation
- Positioning and repositioning patients
- Discharge teaching
 - o Oxygen
 - Urinary catheter devices
- Venipuncture techniques to assure accurate results
- Ambulation techniques especially with devices
- Immobility complications
- Assist devices, lift-assess devices complication reporting