

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- Delivery and post-partum care of C-section, vaginal births, vacuum-assisted births, vaginal birth after C-section, and breech presentations
- Indications and contraindications for:
 - Episiotomy
 - Fundal pressure
 - McRoberts maneuver
 - Woods Screw maneuver
 - Leopold's maneuver
- Types of twins
- Risk factors for:
 - Preterm birth
 - Shoulder dystocia
- External cephalic version: indications and contraindications
- Genital herpes management
- Causes of neonatal sepsis
- Estimated fetal weight: complications
- Fetal heart rate monitoring indications and contraindications
- Gestational thrombocytopenia
- Breastfeeding: indications and contraindications
- Acute bleeding during labor
- Hepatitis B contraindicated interventions
- Stages of labor
- Hyperemesis gravidarum
- Therapeutic blood levels commonly used in labor and delivery
- Preeclampsia: identification and management
- Post-partum fundal exams
- HELLP syndrome
- APGAR scoring
- Use of IV medications
 - Oxytocin
 - Opioids
- Types of maternal hypertension
- Post-partum hemorrhage management
- Fetal genetic diagnosis testing techniques