



## *Behavioral Health Exam Outline*

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

### Review:

- Techniques for non-pharmaceutical treatment of pain, stress, anxiety
- Medications for treating side effects of psychiatric medication
- Lateral violence prevention techniques and communication
- HIPAA
- Psychiatric medications: indications, contraindications, side-effects, complications, administration
- Dementia communication strategies
- Therapeutic communication strategies
  - Suicidal patients
  - Severe depression
  - Abuse victims
- Safety strategies
  - Suicidal patients
  - Aggressive patients
- Environmental guidelines to minimize suicidal behavior on the unit
- Neurotransmitters involved in schizophrenia
- Treatment strategies
  - Family, group, individual, support groups
- Medication level timing
- Mini-Mental State Examination
- Psychiatric disorders signs, management treatment
- Food and drug interactions
- RN versus LVN/LPN responsibilities
- Erickson's developmental stages