



## *CNA/NA Exam Outline*

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

### Review:

- Normal and abnormal vital signs
- Contraindications for taking BP in an extremity
- Bathing techniques
- Normal and abnormal blood glucose levels
- Patient positioning and transferring techniques and assistive devices
- Normal and abnormal intake and output measurements
- Skin injury recognition, prevention
- Infection prevention techniques
- Urinary catheter management
- Define
  - Abduction
  - External rotation
  - Pronation
  - Prosthesis
- Patient weight obtaining, timing
- Dietary restrictions: renal, diabetic, fluid restricted
- Patient fall management
- Body injury prevention, lifting techniques, body alignment
- Basic life support techniques
- Pain management
- Therapeutic conversational techniques
- Common abbreviations and their meaning
- Causes of seizures