



Sterilization Technician Exam Outline

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- Instrument sterilization type and uses
 - Paraformaldehyde
 - Ethylene Oxide
 - Steam
 - Risk of wet packs
- Instrument cleaning process
- Process steps from cleaning, wrapping, packing, and sterilization
- OSHA regulations/purpose
- Process for moving between decontamination/clean areas
- Use of lot control numbers/tracking systems
- Goals of sterilization (bacterial counts, etc.)
- Autoclave requirements and process
- Damaged equipment process
- Attire requirements
- Packaging instrument set requirements
- Services offered by the Central sterilization/supply processing and distribution center
- Definitions
 - Sterilization
 - Sanitation
 - Glutaraldehyde
 - Sterile technician role/skills
 - Antiseptic
 - Detergent
 - Lubricant
 - Wetting agent
- Infection prevention techniques
- Chemical indicator categories