

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- EEG tracing interpretation
 - Frequencies
 - Application of leads
 - Application of prep material
- Multi sleep latental test and exam techniques
- Complete and legal documentation including error recognition and management
- Discharge education topics
- Location identification points
- Admission exam and interview process
- Common medications indications, contraindications, side effects, antidotes
- Therapeutic conversations
- Define:
 - Central apnea
 - Hypopnea
 - Obstructive apnea
 - Apnea
 - Apnea/Hypopnea Index
 - Maintenance of Wakefulness Test
 - Sleep Architecture
- Biocalibration process
- CPAP mask education, fitting, management
 - CPAP titration
- Sleep hygiene instructions
- HIPAA
- Infection prevention strategies
- Unique patient identifiers
- Characteristics of REM sleep



Polysomnographic Technologist Exam Outline