

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- Use of physical agent modalities
- Stroke rehabilitation
- Parkinson's recognition, treatment, complications
- Active/Passive range of motion techniques
- Unilateral neglect recognition, treatment, complications
- DME ordering and uses
- Isometric exercises with/without resistance complications
- Muscle testing
- Tenodesis splints
- Depression recognition, treatment, complications
- Ulnar nerve damage complications
- Definitions
 - Cryotherapy
 - Thermotherapy
 - Non-functional activities
 - Mini-Mental® State Examination (MMSE)
 - Isotonic/ Isometric exercise with/without resistance
- Intervention exams
- Knee buckling recognition, treatment, complications
- Arthritis recognition, treatment, complications
- Safety teaching and precautions
- Fall risk recognition, exam, treatment
- Social options for quadri/paraplegic/wheelchair bound clients
- Stress recognition, treatment, complications
- Risk factors associated with spinal injuries
- Common orthopedic surgeries, education, self-care, management
- Carpal tunnel syndrome recognition, treatment, complications
- Selecting client activities/medication management