

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- Infection prevention techniques to include linens
- Seizure causes
- Definitions
  - Prothesis
  - NPO
  - Abduction
  - Adduction
  - Rotation
  - Range of motion
- Emergency maneuvers: CPR
- Promoting patient independence techniques
- Pressure injury prevention, identification, management, causes
- When to notify supervisor about patient condition
- Foods providing specific nutrients such as potassium
- Bathing techniques
- Urinary catheter care
- Pain management
- Dementia, agitation care techniques and communication
- Fall prevention and management
- Therapeutic communication
- Vital signs, where to take and techniques to ensure accuracy, normal ranges
- Dehydration prevention
- Back injury prevention strategies/body mechanics
- Weights, when to take
- Transfer techniques and tools
- Constipation recognition, management, prevention
- Diabetic food requirements