

This Exam Outline was developed to help you prepare for the knowledge exam.

This Exam Outline is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam

Review:

- Enteral feeding types, delivery methods
- Pancreatic enzymes and role in nutrition
- Nutrient groups and provision in diet
- Nutrients found in the following:
 - Dark green vegetables
- Pure Food, Drug, and Cosmetic Act
- Food borne illnesses, prevention, recognition, treatment
- Definitions
 - Atopy
 - Allicin
 - Body mass index/skeletal muscle mass measurement
 - Molybdenum
 - Lipostatic theory
- Celiac disease and manifestations
- Dietary Approach to Stop Hypertension versus Standard American Diet
- Food and laboratory test interactions
- Fire prevention, types of fires, and methods to put fire out
- Institute of Medicine's Gestational Weight Gain (GWG) guidelines
- Food handling guidelines
- Food preparation guidelines
- Title VII of the Civil Rights Act of 1964
- Diabetes dietary exchanges
- Fat- and water-soluble vitamins
- Diets for athletes
- Acute pancreatitis
- Vegan diets
- Food labeling
- Types of flour
- Comprehensive dietary exam and documentation
- Probiotic use
- Anatomy and pathophysiology of the gastric system