



This Exam Guide was developed to help you prepare for the knowledge exam.

This Exam Guide is not meant to cover all aspects of the knowledge exam, but to guide your preparation for questions that may occur in the knowledge exam.

Review:

- Infection prevention techniques
- Age appropriate group intervention plans
- Diagnosis appropriate treatment activities and goals such as
 - Stroke
 - Deconditioned
 - Joint rehabilitation
 - Arthritis
- Definition:
 - Anterior superior iliac spine (ASIS) and Posterior superior iliac spine (PSIS) indication, contraindication, uses
 - Functional range of motion
 - Hyperesthesia
 - Proprioception
- Regulations about the COTA role and responsibilities
- Passive and active range of motion
- Manual muscle test grade
- Diagnosis appropriate discharge planning and goals
- Communication techniques
- Orthopedic devices: casts, splints