Review **Calculations related to medications**, **Basic Safety and Infection Control**, **National Patient Safety Goals**, and **Blood Administration**.

Review **assessment, interventions, monitoring, and care** for conditions commonly encountered in psychiatric nursing, including:

**Medical conditions, such as:**
- Agranulocytosis resulting from clozapine (Clozaril®)
- Diabetes mellitus
- Medical complications of bulimia

**Psychiatric conditions, such as:**
- Acute psychotic episode with loss of control, therapeutic response
- Anorexia nervosa, plan of care and monitoring
- Bipolar disorder
  - Depressive symptoms
  - Manic episode, therapeutic response
- Bulimia, medical complications
- Major Depressive Disorder (MDD), medication therapy
- Oppositional Defiant Disorder, therapeutic response to outburst
- Panic attack, physiological symptoms
- Risk factors for violence
- Posttraumatic stress disorder
- Substance abuse, alcohol, heroin
- Plan of care for heroin withdrawal
- Thought processes, assessment by patient’s verbalizations
- Timeframe for appearance of alcohol withdrawal symptoms
- Self-injurious behavior, connecting behavior with feelings immediately preceding cutting
- Suicidal ideation and plan, therapeutic response
- Suicide risk assessment, family history

Review action, preparation, monitoring, and precautions related to **medications** commonly used in psychiatric setting such as

- Aripiprazole (Abilify®), lesser weight gain than quetiapine (Seroquel®)
- Chlordiazepoxide (Librium ®), treating alcohol withdrawal symptoms
- Clozapine (Clozaril®), agranulocytosis symptoms
- Dextroamphetamine (Adderall®), therapeutic response
- Fluoxetine (Prozac®), discharge planning including symptoms to report to provider
- Insulin sliding scale
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- Lithium, symptoms of toxicity at increased serum levels
- Lorazepam (Ativan®), calculating possible number of PRN dosages with 24 hour limit
- Metformin (Glucophage®), symptoms of hypoglycemia
- Olanzapine (Zyprexa®), advantages of IM effect
- Paroxetine (Paxcil®), time period for effectiveness
- Risperidone (Risperdal®)
  - Contraindication in dementia-related psychosis in older adults
  - Injection technique
- Sertraline (Zoloft®), time period when effectiveness is expected
- Venlafaxine (Effexor XR®), dosage from tablets
- Warfarin (Coumadin®), observations

Review **Laboratory Results** commonly encountered in psychiatric nursing, such as

- Serum glucose
- Lithium serum levels
- White blood cell count

Review principles and practices related to **safety and infection prevention**, including

- Patient identifiers
- Benzodiazepines, risk for falling
- Skin tear, documentation and reporting
- CMS regulations re: face-to-face evaluation after placing patient in restraints
- CMS and TJC requirements for observation of patient in seclusion
- Handwashing rather than disinfectant gel when patient has C. diff
- Management of therapeutic milieu, emphasizing safety and patient education about disease management

Review principles and practices of **communication with patients and family**, including

- Patient satisfaction
- Adverse effects of aripiprazole (Abilify®)
- ECT, memory loss
- Patient’s refusal of medication
- Use of reflection and open-ended questions
- Fluoxetine (Prozac®), symptoms to report to provider
Review measures to prevent **CMS Hospital Acquired Conditions**, including
- Fall prevention
- Skin assessment and reporting

Review **calculations**, including
- Number of tablets to equal ordered dose
- Insulin sliding scale
- Number of PRN dosages allowed within 24-hour limit